

Supervisor Training: Playground, Gym & Cafeteria

Ecole Notre Dame des Victoires

Supervision

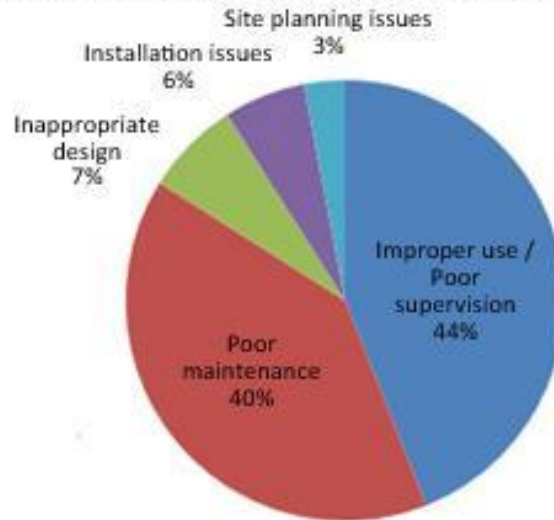
- The key purpose of supervision is student safety.



Supervision

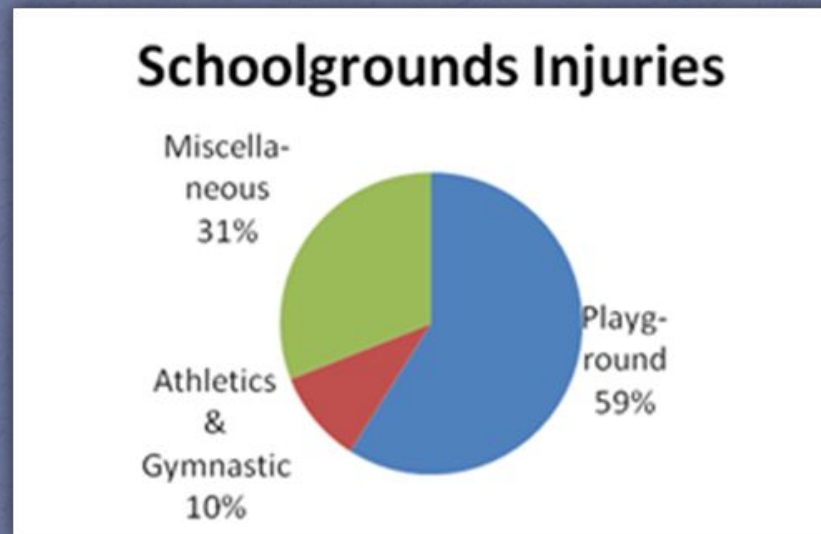
- There are over 200,000 playground related injuries which require a trip to the emergency room every year.
- 44% of those injuries were related to inadequate supervision.

Contributing Factors to Public Playground Injuries



Supervision

- Playground injuries account for the majority of school related injuries.



Most Injuries

- 79% of all playground injuries involve falls to the ground.
- Most injuries occur on:
 - climbers
 - swings
 - slides
 - overhead ladders (monkey bars)



Supervision

- Quality supervision can reduce the number of playground injuries.

Supervision

- Supervisors need to be **actively** supervising children.
- Be alert and attentive.
 - move through assigned area
 - visually scan area constantly
- No prolonged discussions with children or other supervising adults.
- No cell phone use
- Supervisors should not be organizing playing games with the children.
- Please do not bring young children because supervision of all children will not be adequate.



Supervision

- Anticipate preventable problems and hazardous situations.
 - Check area for sharp objects, broken equipment, tripping hazards.
 - Watch for inappropriate play.

Supervision

- Supervision zones -- assign a minimum of one adult per zone.

1. Bathrooms
2. Play structure
3. Area by stairs to gym
4. Upper level of the gym,
Tsokas will be on the floor.
5. If there are more adults on the yard, circulate throughout the yard.



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Before Duty

- Know the playground rules and procedures. Playground/Gym/Cafeteria rules are in the Parent-Student Handbook, pages 15-18.
- Be prepared -- there are bandaids and ice packs on the yard.
- Always precede the children to the playground.

Behavior Issues

- Make eye contact in anticipation of potential problem.
- Move close to students in event of likely confrontation.
- Give a verbal warning.
- Be firm in enforcing the rules.
- INTERVENE and stop inappropriate behavior.
- Report bullying behavior to the vice principal.

During Recess

- No balls or equipment are to be used that are not supplied by NDV.
- DO NOT allow running on the playground. Direct students to the gym to run.
- Discourage rough and tumble play, which usually ends in confrontations.
- Never leave your area unsupervised.
- Send a child for assistance if needed.

At the Recess Bell or Whistle

- Children are to freeze when they hear the bell or first whistle. All games stop.
- Children in K-4 freeze and sit in their place to listen to instructions.
- When told to, children walk to their lines.
- Children are to walk their equipment to the ball cart (no throwing or bouncing the balls).



GYM

- Floor is usually divided into 3 areas -- one for each grade level at recess.
- Running should be around the top -- going in a clockwise direction from the ramp coming into the gym.
- Children may not run or play on the stairs leading to the gym floor.
- Children may not play on the stairs or in the area leading to the door to Pine Street.
- Children should not walk on the benches.

Cafeteria

- Circulate through the cafeteria.
- Help children with opening containers, cleaning spills, etc.
- Be firm in enforcing the rules.
- INTERVENE and stop inappropriate behavior.

Lunch Recess

- Grades K-5

- Play for 15-20 minutes
- Put balls in the ball rack
- Walk to lunch

- Grades 6-8

- Play 10 minutes (or until grades 3-5 leave the cafeteria)
- Eat and clean up
- Play on yard for last 10 minutes

Lunch Recess

- Lunch times

- Grades K-2 11:30 – 12:10
- Grades 3-5 12:10 – 12:40
- Grades 6-8 12:40 – 1:10

- At 12:00 and 12:30

- 1 supervisor from the cafeteria goes to the yard
- 1 supervisor from the cafeteria goes to the gym

Thank you for helping to keep
our children safe!