GAME RULES

Ecole Notre Dame des Victoires

FOUR SQUARE

•When the ball bounces in a square, the owner of that square must hit the ball into another square. This is repeated until a player makes a mistake or is eliminated.

Only the owner of the square can touch the ball after it bounces in the square.
The ball can only bounce once in any square.
Once the player hits the ball, any other player may hit it.

Four Square Elimination

•When eliminated, the player leaves the court and all players advance to the next higher numbered square. A new player fills the lowest ranked square.

•A player may be eliminated by

- •Failing to hit the ball into another square
- •Allowing the ball to bounce more than once in his/her square
- •Hitting the ball out of bounds or on an inside line

Four Square Elimination

- •Holding, catching or carrying the ball
- Hitting the ball with a part of the body other than the hands
- Hitting the ball out of turn
- •Players in line
- •Must stand outside the four square lines
- •May not cut in line
- •May not touch the ball or interfere with the players

WALL BALL

- The game begins when one player serves the ball by hitting the ball towards the wall.
 The ball must bounce one time on the ground before hitting the wall.
- •The receiving player must let the ball hit the wall and bounce once before returning it.
- •The player can then return the ball by hitting it and reaching the wall in one bounce.

Wall Ball (continued)

•Play continues until the ball:

- •Hits the wall without bouncing off the ground
- Bounces more than once before it is returned
- Is not allowed to bounce
- Bounces outside the playing area

When a player is out, he/she goes to the end of the line and a new player enters the game.
The remaining player begins the next game.

Wall Ball (continued)

•Players in line

- Must remain outside the area of play
- •May not cut in line
- May not interfere with the ball

KNOCK OUT BASKETBALL

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•Make a single file line behind the free throw line.

•The first person in line shoots the ball from the free throw line. If he/she misses the basket he/she rebounds the ball and tries to make the basket.

 Second person in line shoots immediately after the 1st person (also from the free throw line)

Knock Out (continued)

- •The goal is for the 2nd person to make the basket before the 1st person.
- •If the 1st person makes the basket, he/she passes the ball to the 3rd person in line.
- •If the 2nd person makes the basket before the 1st person, the 1st person is out.
- •Play continues until one person remains.

Knock Out (continued)

- •People in line must remain in line order. Do not cut in line.
- •People who are out may not interfere with the ball or shooter.

KICKBALL

Kickball may be played on the yard when there is only one class on the yard.

Pitching and Catching

- •Ball must be pitched by rolling the ball over home plate at a medium speed.
- •Bouncing balls are called balls.
- •Anything outside the strike zone is called a ball.
- Pitchers must stay behind the pitching strip until the kicker kicks the ball.
- •Catchers must stay behind the kicker until after the kick.

Kick Ball (continued)

Kicking and running

- •Kickers must make all kicks from behind home plate.
- •Only the foot or leg may make contact with the ball.
- •Kicks must go beyond the bunt range.
- •Runners may only run through first base and must stay within the base line while running.
- •You may **not** lead from bases or steal bases.

Kick Ball (continued)

- •Runners must stay in batting order (no cutting in line).
- •Runners may not slide into any base.
- •A runner is out if tagged out or if the base is touched with the ball before the runner gets to it.

•In the gym:

- •A person is out if the ball hits the pole (base) before the runner gets to it.
- •A ball that hits the lights is an out.
- •A ball that goes into the second level is a homerun.