

PLAYGROUND/PLAY STRUCTURE/GYMNASIUM/CAFETERIA GUIDELINES (2022-2023)

No food or beverages are permitted on the yard before school. With the exception of morning recess, all food and beverages are to be consumed in the cafeteria. **Glass beverage and food containers are not allowed at any time for safety reasons.** Safe student play and behavior on the playground and in the cafeteria are a major concern of faculty and staff. Students may not leave the playground at any time without permission from the yard supervisor and must have a hall pass noting their destination. The following rules are to be followed by **all** students at the recesses and lunch times:

Keep your hands, your feet, and your body parts to yourself.

Playground Rules:

- a) Students are to follow the directions given by the yard supervisors (parent volunteers as well as school staff) at all times.
- b) No teasing, put-downs, foul language, or harassment.
- c) Students in TK-3 use the play structure on a rotational schedule posted on the yard. Students in grades 4-8 may not use the play structure. Students in grades 4-8 who sit near the structure are responsible for properly disposing of (i.e. recycling or composting) any trash they generate. There should be no eating underneath the structure.
- d) Students are not to bring balls of any size to school. Students are to use only equipment provided by the school.
- e) School rules for wall ball, four square, etc. are to be followed by all participants.
- f) Rough games of basketball, dodgeball, football, knock-out, etc. are not allowed.
- g) Balls may not be kicked except in a kickball game when only one class is on the yard.
- h) Kicking, hitting, spitting, pinching, and pushing are not allowed.
- i) Lying down on the playground, slide, or benches is not allowed.
- j) Due to the limited space and size of the playground, running is not allowed.
- k) Students are not allowed on the concrete slant near the play structure.
- l) Food is allowed on the playground **ONLY** at morning recess time. Students must sit and eat their snack before playing. All food should be packed away and waste properly disposed of (i.e., compost, recycling, and/or garbage) before a student begins playing.
- m) Students must put their snacks or lunch boxes on the benches or along the wall. They cannot be left near the play areas. No lunch boxes can block any stairs or doorway. This must be done after they are done eating their snack. No lunch boxes may be left along fence as they create a risk of tripping on the yard for other students
- n) Open beverage containers are not to be brought into the school building.
- o) Soda is not allowed on campus.
- p) **Glass beverage and food containers are not permitted anywhere on the school grounds.**
- q) Playing in the bathrooms is not allowed.
- r) Using the bathroom and getting drinks of water are to be done at recess before the bell rings.
TK-5 students must freeze immediately following the bell or whistle, listen to instructions, and walk to the line when the whistle blows.
- s) When the bell or whistle sounds, students in grades 6-8 are to stop playing immediately. No playing after the bell or whistle is blown. 6-8 must listen to instruction from the yard supervisor. Students may not leave for their next class until the whistle has been blown by the yard supervisor.

Play Structure Rules:

- a) Students may play on the play structure according to the schedule posted.
- b) Food or drink is not allowed on or under the play structure.
- c) Pushing, shoving, crowding or pulling at others is not allowed.
- d) Students may not try to pull or push others off the structure.
- e) Slide: Keep things moving. Do not block access to the slide. Wait until the person before you is out of sight before you go. Get off the slide immediately at the bottom.
- f) Students may not sit on the upper cover of the slide.
- g) Climbing up or walking on any part of the slide is not allowed.
- h) Students may not block others attempting to get on the structure.
- i) Going down the climbing wall or hanging out over the climbing wall is not allowed.
- j) Monkey bars: Crossing is limited to one direction only (start from the platform) and no more than 2 persons side by side at one time.
- k) Students in TK-2 may not skip bars on the monkey bars.
- l) There is absolutely no hanging upside down from the chin-up or monkey bars.

- m) Side-swinging on the monkey bars is not permitted.
- n) Walking, sitting or standing on top of any of the bars is not allowed.
- o) Sitting under, standing under or running through the monkey bars is not allowed.
- p) Ropes, balls or objects of any kind are not allowed on the structure while playing.
- q) Playing tag-type games on and around the structure is not allowed.**
- r) If the play structure is wet, no playing is allowed.

Gymnasium Rules:

- a) Students are to follow the directions given by the athletic director and/or recess supervisors at all times.
- b) Only clean, non-marking, athletic shoes are to be worn on the gym floor. Wearing only socks is not allowed.
- c) Place lunch boxes neatly along the wall on the upper level.
- d) No eating food in the gym during recess. All snacks must be eaten on the yard before going to play in the gym.
- e) Students are to use only equipment provided by the school.
- f) Return equipment to the proper place at the end of recess.
- g) Rough games of basketball, dodgeball, soccer, kickball, tag, etc. are not allowed.
- h) The gym will be divided in sections to allow more than one game to be played at a time. Respect other's space.
- i) Kicking, hitting, spitting, pinching, and pushing are not allowed.
- j) Food or drinks are not allowed in the gym.
- k) Students are not to walk on the bleachers.
- l) Teasing, name-calling and/or bad language is not allowed. Always show respect.
- m) When the bell or whistle blows, stop and listen to the supervisor in the gym. No one is dismissed upstairs until after everything is put away.
- n) Running is allowed on the upper level track and the perimeter of the gym floor.
- o) Students may not play on the stairs, which includes running or games of chase up and down the staircases.
- p) Students must put everything they used in the gym during recess away properly.

Cafeteria Rules: *In order to encourage responsible ecological stewardship, NDV follows a 'pack in, pack out' rule. ALL waste from student lunches must be placed in the student's lunch box and taken home. This includes wrappers, peels, cores, and empty containers, as well as uneaten food,*

Students may not run in the cafeteria.

- a) Yelling is not allowed.
- b) Students must sit while eating: feet under the table and bottom on the bench. Students may not stand around the tables or move from table to table.
- c) No more than ten (10) students should be at any table.
- d) All food must be consumed in the cafeteria. Food may **not** be taken into the gym, onto the playground, or consumed after the students are dismissed from lunch.
- e) Throwing food or any other objects at someone or into the trash from a distance is not allowed at any time.
- f) Students must use their indoor voices while in the cafeteria. If a table is very noisy, students will be warned to lower their voices. Persistent noisiness may result in the entire table having to remain in silence for the remainder of the lunch period.
- g) Students should ask permission to clear their trash, recycle and compost when they have finished eating.
- h) Students are to wipe the tables and sweep the floor under the table.
- i) Students will be excused by the cafeteria monitor when tables are cleaned, and students raise their hands to be excused.
- j) Student meals provided by parents will not be heated.

If any of the Playground/Play Structure/Gymnasium/Cafeteria rules are not followed, the following consequences may result:

1. Verbal warnings by yard duty monitor
2. Loss of play period
3. Student walking the wall
4. Report to classroom teacher
5. Formal visit to the disciplinarian or principal which will result in communication by them with the parents/guardians
6. Infraction (grades 6-8) or R.E.A.L.flection (grades 3-8)